

Resultater 5000m/3000m Føyka

Enavn	Fnavn	2010	2009	2006		2005			2004		2003		2002	
		14.okt	09.jun	19.sep	23.mai	20.okt	06.okt	19.mai	18.mai	21.okt	14.mai	25.sep	29.mai	24.sep
Andreassen	Tore						19.32.7							
Anker-Olsen	Erik					19.42.8	19.18.0			20.24.5	20.39.4	19.36.1	21.21.6	20.47.0
Berg	Lars Petter									23.11.8				
Berg	Morten Emil									22.20.0				21.54.7
Berg	Per Erling					19.22.8								
Berge	Kjell						18.35.4				18.58.4		18.47.7	
Børsum	Erik												20.05.4	20.50.0
Bowitz	Harald									23.11.2				
Børve	Knut						20.56.1			22.15.0				
Christensen	Odd Arnt								20.42.4					
Christoffersen	Birger													20.21.9
Dalberg	Knut Einar									22.47.2				
Djupvik	Tage											12.46.0		22.20.6
Ekstrøm	Vidar								21.25.2				19.37.4	20.11.4
Ellefsen	Jan Olaf												17.44.3	
Fjellseth	Arve			19.48.0			19.44.3				18.34.4			
Fængsrud	Inger Lise	20.36					19.06.1	19.48.2						
Grøtan	Tone Beate		12.35.0					20.55.6	21.53.0					
Hagen	Odd Erling													23.17.1
Halvorsen	Reidar						24.47.5							
Hansen Tangen	Pål													20.46.6
Haukeland	Kjell					23.31.2	23.53.2							
Hinrichsen	Einar	20.21	19.50.2				19.17.8		19.58.8	19.33.7	19.42.5	19.34.5		
Hovem	Finn													17.51.7
Ingvoldstad	Frode											20.20.6		
Jacobsen	Henning			20.32.0	20.10.4									
Johansen	Geir						20.48.8							
Kluftun	Terje					12.16.4	20.31.5							
Kolsrud	Harald						20.38.1	20.19.2	21.18.0	21.29.3	20.58.5			
Kristiansen	Kim	18.20												
Kristensen	Mette Wiig										21.40.3		22.27.9	21.42.4
Kvam	Asgeir R.	18.28												
Løvaas	Joan	23.50						23.50.0		24.36.8				
Løtveit	Svein Are			21.20.0						20.10.5				20.41.0
Markussen	Jarl Egil	12.27				22.20.7	21.20.2							
Martini	Bjørn		10.59.4											
Mathiesen	Christian Fr.						19.51.5							
Nordlie	Tove									22.58.0				
Oddsottir	Frida						28.36.7							
Ophaug	Odd Harry			20.11.0	20.55.5	12.09.9	20.44.6	19.48.6	19.49.2		20.49.9			
Ribe	Ellen						11.46.0	20.13.4	20.25.0	19.30.2				20.32.1
Ro	Nils									23.38.5				22.03.6
Rø	Eirik		11.47.8											
Salvigsen	Terje													19.48.2
Saxegaard	Olaf						21.08.9		22.03.2				20.11.7	21.08.9
Sivertsen	Ronald			20.08.6	20.05.3		19.22.5	20.40.8	20.21.2					
Sundt	Katinka	22.44												
Skahjem	Erik	19.52	19.53.1			20.15.5			20.49.0					20.45.5
Thune	Nils					12.25.4			21.17.0				21.11.0	20.44.9
Thune	Mari												25.11.6	
Tomter	Ole Petter	19.51		20.59.0										
Tvedt	Trond													21.54.7
Tveiten	Gunnar								20.36.1					
Walmsness	Morten	23.23				21.25.0	21.12.1	20.59.0	21.39.8	22.07.1				
Wiig	Harald								22.09.6		21.00.5	21.37.7	21.03.8	20.32.6
Øvergaard	Knut						20.52.7				21.17.1	21.37.5		